

# Endotracheal Tube Holder

## Instructions for Use



**REF** **TRAA005** Without bite block  
**TRAA005B** With bite block

### Period of use

- Replace when changing tube, if adhesive is worn or compromised, or according to institution policy/guidelines.

### Prepare skin for application

- Clean and dry patient's facial skin to prepare for device and ensure it is free of oil or residue
- Avoid using preprepared skin preps or gel wipes

### Fit oral endotracheal tube fastener mask

- Open packaging and take out tracheal tube fastener
- Peel the release paper from round adhesive face protector pads, making sure not to touch the adhesive dressing surface
- Position the foam lip retainer at patient's upper lip, center and place lightly, not too firmly on skin
- Place the protector pads on each side of the patient's cheek and hold in place for at least 30 seconds to ensure a firm connection

### Secure ET tube

- Squeeze tabs on each side of tube track runner and move along track for best proximity to ET tube
- Ensure ET tube is clean and dry
- Position ET tube parallel to the open side of the tube fastener sleeve and do not turn fastener sleeve upside down. ET tube should not be adjusted side-to-side again with tube runner until after it is secured as this could lead to accidental extubation.
- Remove the adhesive sheet on the underside of the tube fastener before wrapping around tube
- Run the ET tube through the tube fastener cuff and the bite guard tube runner sleeve and adjust placement as needed for a secure connection
- Secure tube by shutting the tube fastener clamp. Do not overtighten as adhesive grip spikes on fastener could puncture tube. There will be an audible click if done properly.

### Fit the neck band and secure fastener

- Loosely wrap neck band around back of patient's neck and position tube fastener toward patient's mouth and midline to patient's face
- Unfasten the end of each strap and loop each one through the through the end notches of mask plastic holders. Per hospital policy, use two fingers to ensure a space between patient's neck strap and head.
- Latch each strap back onto the neck band and press to secure
- Adjust straps as needed to ensure ET tube is held securely in place and patient is comfortable

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## Further adjustments

- Reposition tube runner as needed by squeezing tabs on each side
- It is recommended to reposition ET at least every 4-6 hours, or as needed, or in accordance with hospital guidelines, to minimize patient skin injury or discomfort.















## Removing the fastener

- To remove, open the tube fastener clamp while holding tube fastener sleeve in place. Carefully pull ET tube free of the adhesive tab and remove from bite guard and sleeve.
- Remove neck band by unfastening each strap from the mask hooks.
- Gently peel skin protective pads from patient's face.

## Disposal

- Dispose of the used holder according to hospital waste disposal procedures.

## Symbol glossary

	Single Use		Caution/warning
	Do not use if package is opened or damaged		Catalog number
	Not made with natural rubber latex		Quantity
	Not made with phthalates (PHT/DEHP)		Manufacture date
	Store in a dry place		Expiration date
	Store in a cool place		Lot number
	Fragile		Unique device identification